



# Summer Soccer Training Camp!!!



**When?** July 27-31<sup>st</sup>

**Where?** McCordsville Sport Park, 5450 W. SR 67, McCordsville, IN

**Cost?** \$100 per player (or \$25 a day for individual days)

**How many times a week/day?** Monday-Friday. Friday games day!

**Time of day?** 8 A.M.-Noon.

**What kind of training?** Speed and Agility, Technical (ball skills, shooting, passing, protecting the ball, moving off the ball, aerial control, and many other essential soccer skills.), and Goal Keeper training.

**What age groups can attend?** U7-U18 boys and girls. **U7-U13 speed and agility sessions excluded due to body development and health concerns.** Sessions will be age appropriate for each age group.

## **Who will be training my kids?**

- **Andrew Gray:** Current assistant coach at IPFW, Assistant head coach at Franklin College, Assistant coach at Manchester University, and have coached club for 7 years. Played 4 years at Manchester University as a starter each year, 4years' experience as a soccer specific trainer for both high school and college age athletes.
- **UIndy Head Coach, UIndy assistant coach, Manchester University assistant coach, Coach Satchwell Indy Premier, Coach Holden USF Real, and more.**

## **Camp Tentative Schedule: Each day (Friday game day!)**

**8am-8:30am Technical Warm/Introductions**

**8:30am-9:30am Technical Topic Sessions**

**9:30am-9:45am Snack Break**

**9:45am-10:15am Speed/Agility (Balance and Coordination skills for 9-13 ages)**

**10:15am-11am Break/Fun Games**

**11am-11:45am Scrimmage/Small Sided Games**

**11:45am-noon Pick Up.**



**\*If you are interested in attending or have any questions please use contact information below. To register contact Andrew Gray, Thanks.**

**Contact Information: Andrew Gray**

**Phone: 765-621-7651(feel free to text)**

**Email: [ajgray@spartans.manchester.edu](mailto:ajgray@spartans.manchester.edu)**

